

# Braidside Integrated Primary Menu

October 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 27.9.21	Fish fingers peas, potato wedges, chilli sauce and crusty bread	Chicken curry with boiled rice, sweetcorn, and naan bread	Savoury mince, carrots peas and mashed potatoes	Roast beef with stuffing, baton carrots, broccoli, mashed potatoes and gravy	Chicken bites, beans, side salad, chips and wholemeal bread
	Fresh fruit topped ice cream sundae	Kiwi and strawberry sponge and fresh custard	Chocolate brownie, mandarins and milkshake	Flakemeal biscuit, sliced peaches and fresh custard	Frozen yoghurt, watermelon wedge and pure orange juice
<b>Week Two</b> 4.10.21	Fish fingers, beans, mashed potatoes and wholemeal bread	Pasta bolognaise, carrots and crusty bread	Steak burger in bap, salad, coleslaw and chips	Roast turkey, stuffing, sliced green beans, diced carrots & parsnips, mashed potatoes and gravy	Gourmet homemade pizza with chicken, peppers & tomato topping, coleslaw, side salad and spiced cubed potatoes
	Fresh fruit platter, yoghurt and apple juice	Chocolate and pear sponge and fresh custard	Fresh honeydew melon and yoghurt	Strawberry shortbread stack and milkshake	Fresh fruit salad and yoghurt
<b>Week Three</b> 11.10.21	Salmon fish cakes, baked beans, mashed potatoes and crusty bread	Chicken curry with boiled rice, sweetcorn, and naan bread	Spaghetti bolognaise, garden peas and crusty bread	Roast beef with stuffing, cabbage, carrots & parsnips, mashed potatoes and gravy	Hot dog & saute onions served with sweetcorn, side salad and chips
	Fruit trio, yoghurt and apple juice	Chocolate cookie, chunk of banana and milkshake	Rice pudding and pears	Strawberry swissroll and fresh custard	Fresh pineapple wedge and yoghurt
<b>Week Four</b> 18.10.21	Fish fingers, baked beans, mashed potatoes and crusty bread	Chicken curry with boiled rice, carrot sticks and naan bread	Hawaiian salad burger, coleslaw and chips	Roast pork, stuffing, diced turnip, broccoli florets, mashed potatoes and gravy	<b>Harvest Holiday Feast</b> Cocktail sausages, chicken nuggets, beans, salad and chips
	Fresh honeydew melon and frozen yoghurt	Giant popcorn cookie and mandarins	Fruit muffin and fresh custard	Orange juice, cheese & crackers with cut grapes	Ice cream tub, tractor biscuit and orange squash



Try Something New today