

Braidside Integrated Primary Menu

October 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 28.9.20	Oven baked sausages, beans and chips	Chicken curry, rice, peas and crusty bread	Roast pork loin, stuffing, carrots, parsnips, mashed potato and gravy	Fish fingers, peas, sweetcorn, mashed potatoes and tomato sauce	Beefburger in bap, grated cheese ,pasta salad and potato wedges
	Fresh fruit, yoghurt and bottled water	Cookie, fruit and milkshake carton	Fresh fruit, yoghurt and bottled water	Fairy cake, fruit and apple juice	Ice cream tub, fresh fruit and milk carton
Week Two 5.10.20	Salmon fish fillet shapes, beans and chips	Pasta twists, bolognaise, sauce, carrots and naan bread	Roast chicken, stuffing, carrots, broccoli mashed potatoes and gravy	Savoury mince, carrots, peas and mashed potatoes	Buffet :- sandwiches cocktail sausages chicken nuggets carrot sticks salad
	Fresh fruit, yoghurt and apple juice	Crispie bun, fresh fruit and bottled water	Fresh fruit, yoghurt and milk carton	Vanilla rice pot, mandarin oranges and bottled water	Frozen yoghurt, fresh fruit and apple juice
Week Three 12.10.20	Fish coddies, sweetcorn, peas, mashed potatoes gravy	Steak burger, beans and mashed potatoes potatoes	Roast pork loin, stuffing, carrots, cauliflower, mashed potato and gravy	Chicken curry, rice, carrots and crusty bread	Oven baked sausages, beans grated cheese and chips
	Fresh fruit, yoghurt and bottled water	Jelly, fruit pot and apple juice	Fresh fruit, yoghurt and milkshake carton	Shortbread bisuit, melon slice and bottled water	Ice cream tub, fresh fruit and apple juice
Week Four 19.10.20	Cheese and tomato pizza, salad and potato wedges	Fish fingers, carrots, peas, mashed potatoes and gravy	Roast chicken, stuffing, carrots, broccoli mashed potatoes and gravy	Spaghetti bolognaise, peas and naan bread	Chicken nuggets, beans, grated cheese and chips
	Fresh fruit, yoghurt and bottled water	Chocolate cookie, peaches pot and apple juice	Fresh fruit, yoghurt and bottled water	Fairy cake, fresh fruit and apple juice	Frozen yoghurt, fresh fruit and milkshake carton

Try Something New today