**Braidside Integrated Primary** Menu **Menu is subject to availability and delivery**

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|  | **Week Commencing**  **29/10/18** | **Week Commencing**  **5/11/18** | **Week Commencing**  **12/11/18** | **Week Commencing**  **19/11/18** |
| **Monday** | OFF | Chicken nuggets, beans and chips or mashed potatoes  Tub of yoghurt and fresh fruit | Fish fingers, beans and chips or mashed potatoes  Frozen yoghurt and fresh fruit | Homemade BBQ chicken pizza, sweetcorn and chips or mashed potatoes  Salmon fish cakes, sweetcorn and chips  Rice pudding and peaches |
| **Tuesday** | OFF | Savoury mince, carrots, parsnips and mashed potatoes  Tuna pasta bake and carrots  Marble sponge, fruit and custard | Savoury mince pie, carrots & peas, mashed potato and gravy  Jaffa sponge, mandarins and custard | Chicken curry, rice, peas and crusty bread  Chocolate flavoured sponge,  mandarins and custard |
| **Wednesday** | OFF | Roast pork, carrots, peas, mashed potatoes and gravy  Custard, fruit and chocolate cookie | Roast chicken, mixed vegetables, mashed potatoes and gravy  Raspberry sponge and custard | Roast pork, carrots, broccoli, mashed potatoes and gravy  Popcorn cookie, fruit and custard |
| **Thursday** | OFF | Chicken curry, rice, sweetcorn and naan bread  Mandarin egg sponge and custard | Spaghetti bolognaise, peas and crusty bread  Ice cream, fruit and jelly | Shepherd’s pie, beans or peas and crusty bread  Lemon crunch pudding and custard |
| **Friday** | OFF | Buffet: 3 cocktail sausages  2 chicken nuggets  2 sandwiches  Pasta salad  Fruit smoothie, fresh fruit and apple juice | Vegetable soup  Hot dog, sweetcorn & grated cheese  Chocolate flavoured brownies, milkshake and fresh fruit | Buffet: 3 cocktail sausages  2 chicken nuggets  2 sandwiches  Pasta salad  Frozen yoghurt and fresh fruit |

Fresh milk and drinking water will be available daily. *For further information on allergenic*

Sliced bread, salad and fruit served with every meal *ingredients please contact the school*