

## BALLYMENA AND ANTRIM ATHLETICS CLUB NEWSTART ATHLETICS GROUP

New to athletics? Run, jump and throw with us!

Take part in many athletics events with other young athletes your age and ability.



FROM TUESDAY 21<sup>ST</sup>
SEPTEMBER TO 19<sup>TH</sup>
OCTOBER AT THE
ANTRIM FORUM
ATHLETICS TRACK

AGES 8-14
EVERY TUESDAY
FROM 6 TO 7
(£3 FEE PER
SESSION)

TRY OUT DIFFERENT RUNNING, JUMPING AND THROWING EVENTS THAT MAY BE NEW TO YOU

RECEIVE COACHING FROM VARIOUS EVENT COACHES AND SENIOR ATHLETES FROM BAAC

**HOW TO FIND US:** 

Antrim Forum Antrim BT41 4DT

Facebook: Ballymena & Antrim Athletics Club